

Andover Swimming and Water Polo Club

www.andoverswimming.co.uk

Chairman: Nathan Williams

Secretary: Nicola Smith

Affiliated to ASA South East Region

Codes of Conduct for Andover Swimming Club

Purpose

Andover Swimming Club exists for the benefit of all members, to develop their skill in competitive swimming and water polo, and support the clubs aims and objectives. To this end we have developed a Code of Conduct which we expect all Swimmers, Parents, Teachers and Coaches, Committee Members, Officials and Members to adhere to at all times. This will ensure that Andover Swimming Club is a safe and equitable place which will enable all members to realise their full potential in their particular discipline.

General Behaviour

- Treat everyone with respect; equally and never discriminate against another person on any grounds including that of, age, sexual orientation, ethnic origin or nationality.
- The use of inappropriate or abusive language, bullying, harassment or physical violence will not be tolerated and could result in action being taken through the club disciplinary procedures or child welfare policy.
- Display a high standard of behaviour at all times. Always report any poor behaviour by others to an appropriate club officer. Any report of bullying shall be acted upon without delay by the committee.
- Recognise and celebrate of good performance and successes of fellow club and team members. Follow the 'a club above all, but above all a club' ethic.

Code of Conduct for Swimmers from all disciplines

At training sessions, it is expected that you will:

- Treat your coach/teacher and fellow swimmers with respect.
- Wait quietly off of poolside before your session until a teacher/coach invites you to enter poolside.
- Arrive in good time for the beginning of the session. Persistent late arrival without prior agreement of the coach will result in disciplinary action which can consist of a verbal warning, written warning and or exclusion from training sessions.
- Endeavour to attend all sessions you have been invited to.
- If you arrive late report to your coach/teacher before entering the pool. You will not be allowed to join a squad after the warm up has finished.
- Have spent time prior to a session preparing for the session. All equipment (hats, goggles, drinks, floats and fins) should be sorted out before the warm up starts. Inform the coach of any medication currently being taken prior to the session.
- The coaching staff reserves the right to ask a swimmer not to swim until you are fully recovered from any injuries. If a swimmer is receiving medical treatment for an injury they must inform the coaching staff, who may request further information before allowing that person to swim.
- Put every effort into the training sessions and avoid short cutting or missing sections by standing at the end of the lane, filling water bottles and toilet excuses etc. Swimmers should not leave the water until the end of the main set unless agreed by the coach. Failure to not complete a set without a valid excuse may result in a swimmer being asked by the coach staff to leave the session.
- Pay attention to the coach/teacher when he/she is talking to them and comply with their directions.
- Swimmers may be asked to leave the session if their general behaviour is not considered in line with the Code of Conduct, or that they are posing a risk to themselves or other swimmers. Any such exclusion will be referred to the committee and further action may be taken as appropriate.
- To observe lane discipline – keep their distance from the swimmer in front, overtake safely and let faster swimmers pass at a safe point. Swim in the same direction as others in their lane and leave at least 5 seconds gap between swimmers.
- Keep up with the activities of the Club by reading the notice board, web site and consulting Coaches/officials.
- To behave in an appropriate manner and refrain from any activity likely to bring ASC into disrepute.

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Date: - 17th Oct 2016

Review Date: 17th Oct 2017



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Report incidents of bad behaviour immediately to the relevant teacher or coach.

Galas/Competitions

It is expected that swimmers will:

- At any competition, home or away, always behave in a manner that shows respect to your club coach, officials and team mates and the members of all competing clubs.
- Be available for any gala or competition for which they are selected. Any difficulties should be discussed with the team manager at least 7 days prior to the gala if they are unavailable, or at the earliest opportunity in the case of illness.
- Wear a Club hat and T bag.
- Arrive at the venue in plenty of time for the warm up and immediately join their team group and report to the Team Manager on arrival at the venue if club transport is not being used.
- Remain throughout the gala with their team group unless they have agreed with the team manager a reason to leave the poolside.
- Report to your coach immediately after your race for feedback on your performance.
- Never leave the poolside after their last swim, unless their team manager has agreed for them to go.
- Provide encouragement and support to fellow team members.
- In a trophy gala they must remain to acknowledge the winning team.
- Treat other competitors and teams with respect, in victory and defeat.
- Keep in constant touch with the programme and prepare themselves in plenty of time for their race.
- Swim down after your race, if possible as advised by your coach. Your behaviour in the swim down facility must be appropriate and respectful to other users at all times.

Signed by swimmer: _____

Date: _____

Print name: _____

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